

Discipleship Group

YOU ASKED FOR IT “How Do I Pray” Group Study

Message Link : <https://www.youtube.com/watch?v=IYhhZHvcs5c>

In this *You Asked For It* study, we explore “How to Pray?”. Ps Dan teaches that prayer is vital “oxygen” for our spiritual life. Scripture gives us a clear pattern for entering God’s presence using the framework given in the Tabernacle prayer.

KEY SCRIPTURES

- 1 Thessalonians 5:16–18
- James 5:16
- Psalm 100:4
- Hebrews 10:19–22

KEY TAKEAWAYS

- **E.M Bounds** “Prayer makes a godly man, and puts within him “the mind of Christ,” the mind of humility, of self-surrender, of service, of pity, and of prayer. If we really pray, we will become more like God.”
- **Spurgeon** “I know of no better thermometer to your spiritual temperature than this, the measure of the intensity of your prayer.”
- **Martin Luther** “To be Christian without prayer is no more possible than to be alive without breathing”
- If you think about it, pray about it.

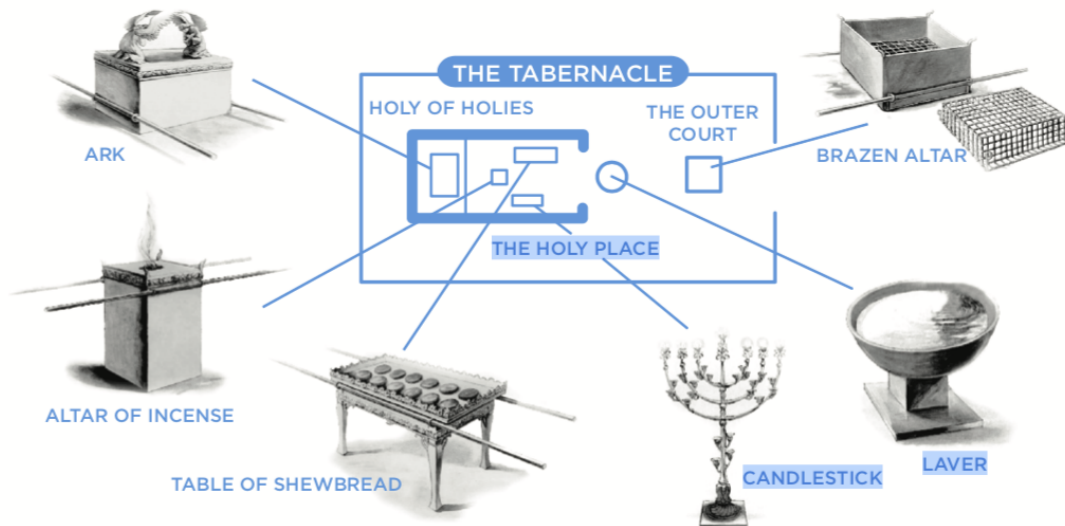
DISCUSSION QUESTIONS

1. Where is prayer currently life-giving for you, and where does it feel thin or rushed?
2. What changes when you pray out loud versus silently? Share any intimidation you feel.
3. Which step of the tabernacle pattern (thanks, cross, surrender, Spirit, Word, worship, intercession) do you most need to grow in this week? Why?
4. How does Hebrews 10:19–22 reshape your confidence to draw near to God daily?
5. Share one Scripture you can “pray back” to God against fear/temptation this week.
6. Who is one person/situation you will intercede for daily over the next seven days?

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TABERNACLE PRAYER FRAMEWORK

God provides a pattern of prayer that forms our hearts as we enter His presence.



Exodus 33:11 NLT

*Inside the Tent of Meeting, the Lord would speak to Moses **face to face, as one speaks to a friend.***

1. **Brazen altar** = I focus on the cross
2. **Lavar** = I offer every part of my life to God
3. **The candlestick** = I invite the work of the Holy Spirit in my life
4. **Table of showbread** = I feed on God's word and use it as a weapon against the enemy
5. **Altar of incense** = I worship His name
6. **Ark of the covenant** = I intercede for others